

January

Catholic Community Services Senior Nutrition Program

2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>60 and over</u> <u>Suggested Donation</u> \$3.50 <i>Nutrition information available upon request!</i></p>	<p>Sumner Senior Center 15506 62nd St. Ct. East Sumner, WA 98390 <u>253-863-2910</u></p>			<p>¹ CENTER CLOSED NEW YEAR'S DAY</p>
<p>⁴ Swiss Cheese Burger Lettuce & Tomatoes Sweet Potatoes Fries Mixed Berries</p>	<p>⁵ Wild Rice Chicken Soup 1/2 Egg Salad Sandwich Oranges</p>	<p>⁶ Pork Tenderloin Bake Spinach Butternut Squash Grapes Oatmeal Cookie</p>	<p>⁷ Vegetable Lasagna Green Beans Sautéed Cinnamon Apples</p>	<p>⁸ Omelet Sausage Hashbrowns Honeydew Melon Apple Juice</p>
<p>¹¹ Chefs Salad w/Turkey Cheese & Egg Beans & Peas Breadsticks Peaches</p>	<p>¹² Salisbury Steak w/Gravy Mashed Potatoes Sautéed Spinach Fig Newton</p>	<p>¹³ Oven Fried Chicken Roasted Potatoes Broccoli Wheat Roll Orange</p>	<p>¹⁴ Beef Barley Soup Caesar Salad Fresh Apple Ginger Snaps</p>	<p>¹⁵ Pork Soft Tacos Mexicali Veggies Rice Salsa & Sour Cream Banana</p>
<p>¹⁸ CENTER CLOSED MARTIN LUTHER KING DAY</p>	<p>¹⁹ Chicken Fajita w/Bell Peppers & Zucchini Rice Salsa, Guacamole, Sour Cream Peaches</p>	<p>²⁰ Macaroni & Cheese Brussel Sprouts Wheat Roll Strawberries</p>	<p>²¹ Beef Chili Con Carne Sautéed Carrots Spinach Cornbread Pears</p>	<p>²² Sweet & Sour Pork Vegetables Rice Fortune Cookie Ice Cream</p>
<p>²⁵ Beef & Pepper Steak Brussel Sprouts Pound Cake w/ Strawberries Whip Cream</p>	<p>²⁶ Honey Dijon Chicken Potatoes Peaches</p>	<p>²⁷ Vegetarian Shepard's Pie Lettuce, Tomato Carrot Salad Fig Newton</p>	<p>²⁸ Beef & Rice Burrito Salsa, Guacamole Sour Cream Cucumber Tomato Salad Sautéed Cinnamon Apples</p>	<p>²⁹ Lemon Pepper Baked Cod Potatoes Au Gratin Pineapple Upside Down Cake</p>

This Menu is subject to change

CALL TO MAKE RESERVATIONS IN ADVANCE OR BEFORE 9:00AM THE DAY OF MEAL~ 253-863-2910