

12 And Beyond

Behavioral Health PHP/IOP Discharge Plan
1230 Fryar Avenue, Sumner, WA 98390

This policy establishes the rules and regulations for participants in the Partial Hospitalization (PHP) and Intensive Outpatient Program (IOP) to promote safety, respectful conduct, accountability, treatment participation, and orderly program operations.

Scope

This policy applies to all PHP/IOP participants, staff, contractors, volunteers, and visitors, as applicable, while participating in program services or while present on facility premises.

Policy

All PHP/IOP participants shall comply with program rules and regulations as a condition of participation in services, subject to applicable law and patient rights. Staff shall communicate these rules at intake and enforce them fairly, consistently, and in a manner that supports recovery, treatment engagement, and a safe therapeutic environment.

Rules and Regulations

1. **Respectful Conduct:** Participants shall treat staff, other participants, visitors, and neighbors with respect. Threatening, abusive, harassing, discriminatory, or violent behavior is prohibited.
2. **Attendance and Participation:** Participants shall attend all scheduled group sessions, individual sessions, educational services, and other required treatment activities unless excused by staff or prevented by emergency circumstances.
3. **Timeliness:** Participants shall arrive on time and remain for the full duration of scheduled sessions unless otherwise approved by staff.
4. **Substance Use:** Participants shall not possess, use, distribute, or be under the influence of alcohol, illegal drugs, or unauthorized controlled substances while on program premises or during program activities. Participants may be subject to drug or alcohol screening in accordance with program policies and applicable law.
5. **Weapons Prohibited:** Firearms, knives, or other weapons are prohibited on program premises except as otherwise permitted by law and facility policy.
6. **Medication Compliance:** Participants shall follow program requirements related to medication management, prescription disclosure, and coordination with prescribing providers, when applicable.

7. Confidentiality and Group Privacy: Participants shall respect the confidentiality of others and shall not disclose identifying information shared by other participants in group or treatment settings, except as required by law.
8. Use of Phones and Recording Devices: Cell phones and other electronic devices shall be silenced during sessions. Audio recording, video recording, or photography on program premises is prohibited unless expressly authorized.
9. Property and Cleanliness: Participants shall respect facility property and maintain shared spaces in a clean and orderly condition. Theft, vandalism, or intentional damage is prohibited.
10. Smoking and Vaping: Smoking or vaping is permitted only in designated areas, if allowed by facility policy and local law.
11. Safety Compliance: Participants shall comply with staff instructions regarding safety, emergency procedures, check-in requirements, and restricted-access areas.
12. Rule Violations: Violations of program rules may result in corrective action, behavioral intervention, revision of the treatment approach, referral to a higher or different level of care, suspension, or discharge from the program, consistent with clinical judgment, patient rights, and applicable law.

Procedure

At intake, each participant shall receive a copy or explanation of PHP/IOP rules and regulations. Staff shall review the rules with the participant, answer questions as appropriate, and document acknowledgment when required by program practice.